

UPTET SYLLABUS 2026

(CHAPTERWISE DETAILED SYLLABUS)

PAPER 1 (Classes 1–5) (TOTAL QUESTIONS - 150),
(TOTAL MARKS - 150)

Child Development & Pedagogy (TOTAL QUESTIONS - 30),
(TOTAL MARKS - 30)

Child Development

- Meaning, need, scope, and stages of child development
- Physical, mental, emotional, social, and language development
- Development of expressive ability, creativity, and creative skills
- Bases of development: heredity & environment (family, school, society, media)

Learning & Its Theories

- Meaning of learning & factors affecting learning
- Methods of learning
- Thorndike's laws of learning
- Theories:
 - Trial & Error
 - Pavlov (Classical Conditioning)
 - Skinner (Operant Conditioning)
 - Kohler (Insight Learning)
 - Piaget Theory
 - Vygotsky Theory
- Learning curve (meaning & types)
- Learning difficulties (causes & remedies)

Teaching & Methods

- Meaning & objectives of teaching
- Teaching principles, techniques & innovations
- Micro-teaching & basic teaching skills

Inclusive Education

- Meaning, types & identification
- Children with special needs (visual, hearing, speech, mental)
- Teaching methods & TLM
- Assessment techniques
- Guidance & counselling
- Supporting institutions (DIET, hospitals, NGOs)

Language 1 – Hindi (TOTAL QUESTIONS - 30), (TOTAL MARKS - 30)

हिंदी विषय-वस्तु

- अपठित गद्यांश
- वर्णमाला (स्वर, व्यंजन)
- वाक्य रचना
- ध्वनियाँ और अंतर
- अनुस्वार, अनुनासिक, चंद्रबिंदु
- संधि (स्वर, व्यंजन, विसर्ग)
- समास, अलंकार
- पर्यायवाची, विलोम, तद्भव-तत्सम
- मुहावरे और लोकोक्तियाँ
- संज्ञा, सर्वनाम, क्रिया, विशेषण
- लिंग, वचन, काल

भाषा विकास

- अधिगम एवं अर्जन
- भाषा शिक्षण के सिद्धांत
- सुनना, बोलना, पढ़ना, लिखना
- व्याकरण की भूमिका
- बहुभाषी कक्षा की चुनौतियाँ
- उपचारात्मक शिक्षण

**Language 2 (English / Urdu / Sanskrit) (TOTAL QUESTIONS - 30),
(TOTAL MARKS - 30)**

Unseen passage

Sentence (subject, predicate, types)

Parts of speech

Tenses (present, past, future)

Articles

Punctuation

Word formation

Active & Passive voice

Singular & plural

Gender

Mathematics (TOTAL QUESTIONS - 30), (TOTAL MARKS - 30)

Content

- Number system (add, subtract, multiply, divide)
- LCM & HCF
- Fractions & decimals
- Percentage
- Profit & loss
- Simple interest
- Geometry (shapes, angles, triangles, circles)
- Measurement (time, length, weight, capacity)
- Money
- Perimeter & area
- Data handling
- Volume & capacity
- Time & distance

- Calendar

Pedagogical Issues

- Nature of mathematics
- Language of mathematics
- Teaching difficulties
- Error analysis
- Diagnostic & remedial teaching
- Assessment methods

Environmental Studies (EVS) (TOTAL QUESTIONS - 30), (TOTAL MARKS - 30)

Content

- Family
- Food, health & cleanliness
- Shelter
- Plants & animals
- Surroundings
- Festivals
- Occupations
- Water
- Transport & communication
- Games & sports
- India (rivers, mountains, forests)
- Constitution & governance
- National symbols
- Environment & conservation

Pedagogy

- Concept & scope of EVS
- Integrated EVS
- Learning theories
- Activities & practical work
- Teaching aids & tools

- Evaluation methods
- Problems in teaching EVS

**PAPER 2 (Classes 6–8) (TOTAL QUESTIONS - 150),
(TOTAL MARKS - 150)**

**Child Development & Pedagogy (TOTAL QUESTIONS - 30),
(TOTAL MARKS - 30)**

Child Development

- Meaning, need, scope, stages
- Physical, mental, emotional, social, language development
- Creativity and expression development
- Heredity & environment (family, school, society, media)

Learning and Its Theories

- Meaning and factors affecting learning
- Methods of learning
- Thorndike's laws
- Theories:
 - Trial & Error (Thorndike)
 - Pavlov (Conditioning)
 - Skinner (Operant Conditioning)
 - Kohler (Insight)
 - Piaget (Cognitive Development)
 - Vygotsky (Social Learning)
- Learning curve
- Learning difficulties (causes & remedies)

Teaching and Teaching Methods

- Meaning and objectives of teaching
- Communication, principles, techniques
- Innovative methods (micro-teaching)
- Basic teaching skills

Inclusive Education (Guidance & Counselling)

- Meaning, identification, types, remedies
- Inclusion of disadvantaged groups (language, caste, gender, disability)
- Teaching aids, TLM, activities
- Assessment tools
- Special teaching methods (Braille, etc.)
- Guidance & counselling
- Supporting institutions:
 - Psychological labs (UP, Prayagraj)
 - DIET
 - Hospitals
 - NGOs
- Importance of counselling

Learning and Teaching

- How children think and learn
- Reasons for success and failure
- Learning as social process
- Child as problem solver & scientific thinker
- Understanding children's errors
- Motivation and learning
- Factors affecting learning

Language 1 – Hindi (TOTAL QUESTIONS - 30), (TOTAL MARKS - 30)

विषय-वस्तु

- अपठित गद्यांश
- वर्णमाला (स्वर, व्यंजन)

- वाक्य रचना
- ध्वनियों का अंतर
- अनुस्वार, अनुनासिक, चंद्रबिंदु
- संधि (स्वर, व्यंजन, विसर्ग)
- समास, अलंकार
- पर्यायवाची, विलोम
- तद्भव-तत्सम
- मुहावरे और लोकोक्तियाँ
- सज्ञा, सर्वनाम, क्रिया, विशेषण
- लिंग, वचन, काल

भाषा विकास

- अधिगम एवं अर्जन
- भाषा शिक्षण के सिद्धांत
- सुनना, बोलना, पढ़ना, लिखना
- व्याकरण की भूमिका
- बहुभाषी कक्षा की चुनौतियाँ
- उपचारात्मक शिक्षण

**Language 2 – English / Urdu / Sanskrit (TOTAL QUESTIONS - 30),
(TOTAL MARKS - 30)**

Content

- Unseen passage
- Nouns, pronouns, verbs
- Adjectives, adverbs
- Prepositions, conjunctions, interjections
- Singular & plural
- Subject & predicate
- Negative & interrogative sentences
- Masculine & feminine
- Punctuation
- Root words & suffixes
- Phrasal verbs
- Use of somebody, nobody, anybody

- Parts of speech
- Narration
- Active & passive voice
- Synonyms & antonyms
- Homophones
- Requests in sentences
- Silent letters

**Math & Science / Social Studies (TOTAL QUESTIONS - 60),
(TOTAL MARKS - 60)**

Mathematics (Optional)

Content

- Natural numbers, whole numbers, rational numbers
- Integers, LCM, and HCF
- Square root and cube root
- Algebraic expressions and identities
- Linear, quadratic, and simultaneous equations
- Geometry (parallel lines, quadrilaterals, triangles, circles, tangents)
- Commercial mathematics (ratio, proportion, percentage, profit & loss, simple and compound interest, tax, banking)
- Statistics (classification of data, mean, median, mode, bar and pie charts)
- Probability
- Mensuration
- Exponents

Pedagogical Issues

- Nature of mathematical and logical thinking
- Place of mathematics in the curriculum
- Mathematical language
- Community mathematics
- Assessment

- Remedial teaching
- Teaching difficulties

Science (Optional)

Content

- Science in daily life and technological development
- Living and non-living things
- Classification of plants and animals
- Human body systems
- Nutrition in plants and animals
- Health, hygiene, and diseases
- Matter, force, motion, energy, sound, light, electricity, and magnetism
- Environment (air, water, soil, pollution, conservation)
- Natural resources and alternative energy sources
- Carbon and its compounds

Pedagogical Issues

- Nature and structure of science
- Aims and objectives of science education
- Scientific inquiry and experimentation
- Innovation and creativity
- Teaching-learning materials
- Assessment
- Remedial teaching

Social Studies (Optional)

History

- Sources of history
- Ancient, medieval, and modern Indian history
- Freedom movement and post-independence challenges

Civics

- Society, governance, constitution, democracy, and citizenship
- National security and foreign policy

Geography

- Earth, globe, maps
- Climate and resources
- Population and disasters
- India and Uttar Pradesh geography

Environmental Studies

- Environment, natural resources
- Pollution and conservation
- Disaster management

Home Science

- Health, nutrition, hygiene
- Food preservation
- Household management

Physical Education and Sports

- Physical education
- Yoga
- Games
- National and international sports
- First aid

Music

- Swar knowledge
- Ragas
- Rhythm
- Patriotic and devotional songs

Agriculture and Horticulture

- Soil
- Irrigation
- Crops
- Fruits and vegetables
- Preservation
- Climate science

Pedagogical Issues (Social Studies)

- Concepts and methods of teaching social studies
- Classroom processes, activities, and discussion
- Project work and assessment